

## **“Choice and the Mortality Myth”**

The concept of the finality of life has never resonated with me. As a child, I found it somewhat strange how so much of our everyday interactions revolved around, and was influenced by, a generalized idea that there was indeed finality to physical life.

For many of us, the concept of death is seen as a chimera. This level of conscious perception is indeed evolved in relationship to the general collective consciousness of society; especially as it relates to physical life and so called physical death. However, through the work of Sonia Barrett, and Ben Abba, I have been compelled to consider the possibility that the concept of the finality of human life may be faulty in that physical life holds within it the possibility of immortality.

In all of my thoughts to date, I have never once considered the possibility that human beings are physically immortal and that physical death is ultimately a choice. Interestingly enough, I have wondered about the degree of mental programming that I must have endured in order for me not to have even considered the possibility of physical immortality. There is indeed a death program and this program has obviously had a profound impact on my ability to at least consider the possibility that the biological body of the human species is designed for, and holds the potentiality for physical immortality.

As I reflect upon my own young family I can honestly admit that my wife and I have subjected our children to the idea that physical death is unavoidable, that there are no other possibilities to consider, that we have no choice. But do we have a choice in regards to our own immortality?

In my extended family, there are relatives that we only see at funerals; which establishes the concept of mortality as a central gravitating force that brings my extended family together. Therefore, my children have been subconsciously imprinted with this ideology that death is at the core of family interactions.

My own father, who lives 40 minutes away, has not, as of this writing, seen my 2 year old and 3 month old daughters. However, if there was a so called death in the family, surely my father would attend the funeral and would, for the first time, meet his beautiful granddaughters. My father has seen my two sons, age 5 and 3 years old respectively, a total of 4 times. Out of these 4 visitations two were at funerals. These infrequent interactions between my father and my sons do not function amicably in terms of love, life, and family bonds are concerned. Rather, these infrequent interactions function to simply centralize mortality within the subconscious thought processes of my children; especially as it relates to love, life, and family bonds. This is the same subconscious programming that I endured as a child; a programming to which I am thoroughly committed to transcend.

As parents, my wife and I have begun discussions on how to undo this programming, and how best to protect our children from such programming. Perhaps it will be necessary for us to kindly disallow our attendance to future funerals in that such events do not function as a celebration of life. Rather they function as a subconscious programming for death.

Is physical immortality a reality? I am not sure. But I will definitely consider it as a possibility. And perhaps through considering the possibility I can begin to break the death program and open

up new and empowering vistas to explore. In the end, to seek to transcend our programming is a choice and a worthwhile process; one that will enhance the quality of my family's life for centuries to come. Live long and prosper.

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